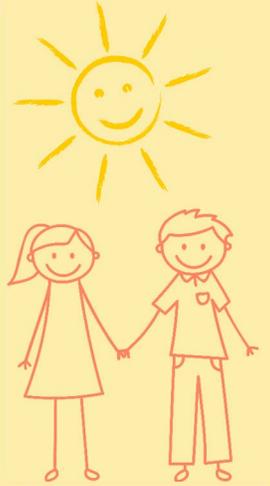


DAILY SCHEDULE

MORNING CARE



MORNING



DAILY CHORES



AFTERNOON

PROJECTS

Move Your Body



Flex Your Mind

